

### **Experience our Wellness Kiosk**

Reservations at Reception: T. +30 6986533529, +30 22830 26146

# **BODY TREATMENTS**

### Nourish and Moisture Delight

This treatment will miraculously transform dull and dehydrated skin.

A luxurious scrub of rose petals, iris flowers, olive kernel grains, Rubia ayurvedic plant and Mediterranean sea coral, will cleanse thoroughly and beautify the skin. The mask that follows, rich in honey, royal jelly and bee pollen, will replenish all lack of moisture and elasticity, leaving the skin looking younger and healthier.

A must for the summertime. (Massage included)

# Multi Vitamin Skin Enhancer

A wonderful treatment to energize your skin, prepare it for the sun and uplift your senses!

A unique blend of Grapefruit essential oil, pearl sugar, argan shell, orange peel and fruit acids will gently exfoliate and smooth the skin. Then a multi vitamin mask with kumquat from Corfu Greece and fresh fruits rich in antioxidants, will rejuvenate your skin restoring its natural glow. Skin looks and feels radiant, nourished and energized. (Massage included)

# **Body Mind Enlightenment**

You need a massage to melt the tension away, but your skin also needs some care?

Then this treatment is for you. Start your journey with the exfoliation of your choice, shower off what no longer serves you and embark on the massage ritual you were longing for.

# **Rejuvenation and Toning**

Ideal when feeling tired, drained, with lack of motivation or energy.

The ritual starts with a dry brushing to stimulate the lymphatic circulation and eliminate dead skin cells, then proceeds to a luxurious exfoliation. The purifying mask of holy basil, Mediterranean coral and lemongrass that follows, will deeply cleanse, and rejuvenate the whole body. A stimulating massage will increase the sense of purification and wellbeing and a fresh toning gel of ivy, green tea and grapefruit will seal the experience.

### **Sun Rescue**

Ideal for face and body. The Greek sun is a delight, but very easily can turn to a painful experience. Especially when the wind blows, a sunburn can occur in no time. Save your skin from peeling and maintain the tan you were dreaming of, with the benefits of greek yogurt, calming lavender and organic aloe. A watermelon sorbet with water lilly, cucumber and skin rebirth botanical extracts will soothe the skin, replenishing all lack of moisture.

### **FACIALS**

"Every facial owes to be a ceremony, an ode to beauty"

#### **Nourishment and Hydration**

In a dehydrated skin, fine lines and wrinkles become more visible. This treatment promises to bring back the hydration and elasticity lost by sun and environmental factors. Your skin will feel and look revitalized, beautiful, glowing and healthy from within.

### **Vitamin Glow**

A mask highly concentrated in antioxidants with a potent blend of vitamins C, E and B will instantly reduce fatigue and rejuvenate a dull-looking skin, leaving it smooth and radiant. The splendid aromas of orange fruit extracts, sacred lotus and apricot will uplift the senses. Suitable for all skin types.

#### **Gua Sha Natural Lifting**

Gua sha is a powerful technique that belongs to Chinese Medicine. Literally means "to srup the mud", the stagnated energy.

It's a form of lymphatic drainage for the face done with a tool from semi-precious stone. The ritual starts with a cleansing and then precious Argan oil and some drops of essentials will embark you on a journey of relaxation and rejuvenation. Ideal for sagginess of the skin, fine lines and wrinkles, puffy eyes, double chin, dark circles, facial tension and to promote an even tone to the skin.

#### **Express Facial**

For those lacking time for a full lavish facial, this treatment is the ideal choice. After a cleansing, an enzyme peeling mask will be applied, removing dead cells effectively but also strengthening and beautifying the skin. Hydration will follow. Suitable for all skin types, including sensitive and acne-prone skin

### **PAYMENT & CANCELLATION POLICY**

You can pay cash or pay by credit card at the Reception desk. We can also charge your room by the end of your treatment if you prefer so.

If you must change or cancel your appointment, please notify us at least 2 hours in advance of your treatment time, to avoid being charged. No-shows or cancellations within 2hs of the scheduled treatment time, are charged 50% of the value of the service.

#### WELLNESS KIOSK SPECIFICATIONS

Our therapist is highly trained to create and hold a safe space for you to express all needs and inhibitions. All personal information is strictly confidential.

Your comfort and privacy is our priority. Our therapist is trained to keep you properly draped throughout the treatment.

For Thai Massage, Reflexology, Reiki and Meditation, please wear loose-fitting clothing that allows for stretching.

Please arrive at least 5' prior to your appointment. Any delay may result reduction of your treatment time.

Mobile phones are not allowed in the Wellness Kiosk area.